



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option	Student Lunch Meal \$3.25 Adult Lunch \$5.50 (Includes tax)		French Toast * Scrambled Eggs 100% Maple Syrup Or Chicken Rice Bowl * Broccoli Red Peppers Apple Slices	Fresh Baked Cheese * Or Pepperoni Pizza (P) * Spinach Salad Sweet Potato Watermelon
5	6	7	8	9
Beef Cheeseburger * Or Corn Dog Baked Fries Side Spinach Salad Cantaloupe	Beef Nachos * Or Chicken Tender * Baked Fries Cucumber Orange Slices	Bean & Cheese Burrito * Or Pancakes * Chicken Sausage Maple Syrup Steamed Carrots Cauliflower Apple Slices	Grilled Cheese * Or BBQ Chicken Sandwich * Roasted Corn Green Beans Strawberry	Fresh Baked Cheese * Or Pepperoni Pizza (P) * Side Salad Red Peppers Banana
12	13	14	15	16
Cheese Quesadilla * Or Beef Tacos Black Beans Side Romaine Banana	Pulled Pork on a Roll * Or Chicken Patty Sandwich Sliced Cucumber Baked Fries Apple Slices	French Toast * Scrambled Eggs Maple Syrup Or Bean & Cheese Burrito * Baked Tater Tots Side Spinach Salad Banana	Chicken Rice Bowl * Or Hot Dog * Baked Fries Roasted Butternut Orange Slices	Fresh Baked Cheese * Or Pepperoni Pizza (P) * Spinach Salad Sweet Potato Pear
19	20	21	22	23
Spaghetti and Meatball * Or Grilled Cheese * Breadstick Steamed Broccoli Caesar Salad Orange Slices	Cheese Quesadilla * Or Chicken Sandwich * Roasted Corn Red Peppers Honeydew	Chicken Nuggets * Or Turkey Nachos * Steamed Corn Steamed Carrots Orange Slices	Fresh Baked Cheese * Or Pepperoni Pizza (P) * Celery Stick Roasted Butternut Squash Banana	School Closed 
26	27	28	29	30
Memorial Day School Closed 	French Toast * Scrambled Eggs Or Chicken Corn Dog * Steamed Corn Red Peppers Banana	Beef Cheeseburger * Or Chicken Dumplings * Steamed Edamame Peas Blueberries	Fish Bites * Or Chicken Nuggets * Steamed Brown Rice Baked Fries Apple Slices	Fresh Baked Cheese * Or Pepperoni Pizza (P) * Side Salad Red Peppers Banana

Available Every Day

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

All of these are offered as a Complete Meal, including vegetable, fruit and milk .

A Gluten Free Meal is available with 1 day notification

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.



All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.

If you have any questions/concerns regarding this menu or there are special dietary needs, please email gloria.estrada@irvingtonschool.org

* items contain Milk or Soy ***items with a (P) may contain pork. This Institution is an equal opportunity employer and provider